## St. Dominic School Presents...

## WORDS THAT WORK

How to keep the lines of communication open



## Wednesday, May 1st, 2013 7 p.m. St. Dominic School 515 Hartsdale Avenue Mississauga, ON

In this workshop you will learn:

- the difference between open and closed communication
- how to get beyond your child's one word responses
- the art of active listening
- how to broach tough topics
- how to read between the lines AND MORE!

Join Sara Dimerman, Psychologist and Author of three books. Sara has been counselling individuals, couples and families out of her private practice in Thornhill for the past 23 years. She is a sought after and trusted parenting and relationship expert and is heard on radio and television

across North America. Sara's monthly HelpMeSara column can be found in Parents Canada magazine and she can be heard on Newstalk 1010's John Tory Show every Monday at 6:35pm. Sara is a parent to two daughters. For more information, visit <u>www.helpmesara.com</u>